



TIPPING POINT

ARTIST WELLNESS

INTEGRATIVE WELLNESS COACHING

When it comes to making life changes, we all have the best of intentions. That's the easy part. It's putting it into practice where it gets hard. Tipping Point coaching is designed to help you figure out what you want, turn those intentions into tangible steps towards change and then stick to that change plan over time.

Remember, there is no one right answer. There is only YOUR right answer. And that's why, like all of our programs, our one-on-one coaching services are based on the concept of Bio-Individuality. Through regular sessions, we'll create your plan and provide you with the encouragement, tips and tricks to stick to it. We can do shopping trips, cooking classes, tour weekends where we join you on the road and more. Whatever works best for you. Ultimately, we're here to help and we're here to listen and remind you that you aren't alone. Because sometimes, knowing that can make all the difference in the world.

Integrative Wellness Coach

Whether working with an individual artist/musician or a group, we build a program based on the principle of Bio-Individuality.

Package One

This is a 6 month program that begins with an extensive Health History session and includes 2 one on one meetings per month (12 total), field trips, and as needed supplemental Skype or phone session consultations. Bonus giveaways; books, DVDs, beneficial articles and invitations to special health and lifestyle workshops. Ala carte service provided by one our many qualified service providers are available upon request.

Cost:

Wellness Evaluation: \$100 (Paid in Advance. Cost subtracted from total cost upon signing agreement)

Individual - \$1,500

Band (up to 5 Members) - \$3,000

Package Two

Same as Package One above but includes Two 2 day (total 4 days) tour road trips with the client. Additional service may include but not limited to lite cooking, juicing, Nutrition counseling, workout guidance, lifestyle counseling, mentoring, on the road buying (keeping the bus stocked)

Cost:

Wellness Evaluation: \$100 per individual or band member (Paid in Advance. Cost subtracted from total cost upon signing agreement)

Individual - \$3,000

Band (up to 5 Members) - \$6,000

Payments: 25% in advance with balance being paid in four installments (Cash, Check or Credit Card). Payment in full upon signing agreement gives client discount of 20%. \$50 discount for each signed referral.

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